

# Dragon Bytes

*Race on the River News*

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[www.raceontheriver.com](http://www.raceontheriver.com)

**Thanks to the following businesses for their support of *Race on the River 2003*.**

### **Silver Sponsors**

CKEC

Sobeys

Tim Horton's

Wendy's

### **Bronze Sponsors**

Investor's Group

Dobson's Stationers

CF Construction

TrentonWorks

CIBC Wood Gundy

S.W.Weeks Construction

Please think of our sponsors when doing business!

## 2003 Pledge Program

We are excited this year to offer incentive prizes to paddlers who raise pledges for our charities.

\$50. or more *Race on the River* hat

\$250.-499. Travel clock and a hat

\$500.-999. Travel bag and a hat

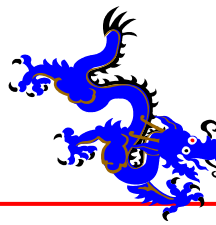
\$1000. or more Jacket and a hat

In addition to the incentive prizes we will again have a draw for valuable prizes donated by businesses in our community.

## **Look Who's On Board**

The following teams have registered for the *Race on the River 2003*! A limited number of spots remain!

- Advocate Printing
- MacAttack
- Kimberly Cougars
- Kleenex Conquerors
- Convergys
- Bank of Montreal DragonBankers
- RiverRats 2003
- Royal Bank
- Women Alike Abreast A River
- Women Alike Support Team
- Colchester Community Workshop River Rafters
- Pictou County Special Olympics "The Milky Waves"
- The Colchester East Hants PaceMakers
- St. Martha's Muskateers
- Michelin Dragon Flies
- Aberdeen Mental Health Services
- Aberdeen Hospital Blazing Dragons
- Stright-MacKay
- TrentonWorks War Wasps
- Order of the Eastern Star
- Curves
- Cobequid Special Olympics Hornets
- Sobeys King Street
- Staples
- Sobeys Foord Street
- The Reefknots
- Wendys
- AW Leil SafeLifters
- Med Force One - Pictou County Physicians
- Scotia Dragon Slayers
- SSI Minnow
- Atlantic Shopping Centres



## A word from our charities

Women Alike Abreast A River started as a small group of six women who met early in 1999 to discuss how they could start a Dragon Boat team in Pictou County. Phyllis Parker, Past-President of Women Alike writes,

"Those of us who initiated the venture truly believed that dragon boating would be life-changing for those involved. It has been that and more. It changed our lives. It has also changed the lives of many in our community as they look forward to participating in the dragon boat festival Race on the River. It is changing the lives of all those women diagnosed with Breast Cancer who say 'Next year I am going to be in that boat!' The community money that has created us has also created goals and dreams for many, many people. Money put into the dragon boat program quite literally 'changes lives'. As a group we are very cautious about how we spend funds. Our funds are required to be audited on a yearly basis and reports are sent (to the Federal Government) on what we have been doing with our money.

All spending is discussed by executive and/or team members. We've all been through the disease. We know the pitfalls. We know the problems. We know how important it is to have money available in a time of great need. We help where and when we can with expenses related to medical costs and treatment. We donated a substantial amount to The Lodge That Gives in Halifax, We recently made a large donation to the Aberdeen Hospital Palliative Care Society. We have funds earmarked for Breast Cancer research, and for raising awareness of Breast Cancer. We continue in an ongoing manner to assess Cancer related needs in order to help where possible.

Our little group of six that met all those years ago in the Medical Day Unit at the Aberdeen Hospital to discuss how we could start a dragon boat team, are overwhelmed when we realize where we've taken that dream. We have only been able to do all of this with the public's help, for which we are very grateful.

We think now of how far ahead our dreams can still reach."

### Mark Your Calendars!

May 1, 2003	Registration and deposit due
May 15, 2003	Full payment due
June 19, 2003	Team Captain's Meeting
July 19-25	Practices on the East River
July 25 and 26	<i>Race on the River</i>

### Our Charities

The proceeds of this year's pledge campaign will be split between three charities. Women Alike Breast Cancer Support Group will receive 40% of the pledges raised, Special Olympics of Pictou County, Antigonish County, and Colchester County will receive 30%, and the Nova Scotia Amateur Sport Fund will receive 30%.

For more information about *Race on the River* contact:

Joan Piedmonte ([jpiedmonte@ns.sympatico.ca](mailto:jpiedmonte@ns.sympatico.ca)) or Susan Hartley ([sc.hartley@ns.sympatico.ca](mailto:sc.hartley@ns.sympatico.ca))